

KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)
SEMESTER- V SYLLABUS
NAME OF THE COURSE: COUNSELLING PSYCHOLOGY

Course learning Outcomes:

Students after successful completion of the course will be able to

- Get knowledge and awareness about the importance of counseling.
- Helps to navigate difficult situations.
- Improves self-acceptance and self-esteem and increases confidence.
- Discuss about various therapies used in counselling.
Take part in different counselling sessions

Unit – I

Introduction to Counselling: Meaning and definition of counselling, Characteristics of Counsellor, goals and Needs, Types of Counselling

Unit- II

Emergence and Development of Counselling: Important periods in development of counselling, Counselling in educational setting - Role of teacher in counselling, Vocational guidance and career counselling

Unit – III

Counselling Process: Stages of Counselling, Counselling Relationship-Core conditions of counselling relationship, factors that affect counseling relationship, Counselling skills

Unit -- IV

Counselling Interview: Essential Aspects, Techniques, Non-verbal communication in interview, Counselee - Counsellor Relationship

Unit -- V

Special Areas In Counselling: Counselling families, Marriage counselling, Pre-marital counselling, Counselling women

REFERENCES:

1. Narayana Rao, S. (1991). Counselling and Guidance.
2. Locke, D.C., Myers, J.E and Herr. E.L. (2001) The Hand Book Counselling

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B.A HONOURS PSYCHOLOGY (MAJOR)
SEMESTER- V SYLLABUS
NAME OF THE COURSE: COUNSELLING PSYCHOLOGY
MODEL QUESTION PAPER

Time: 3 hours

Max. Marks: 70

Section – A

Answer any Five of the following Questions

5X 4 = 20 Marks

1. Explain about different types of counselling?
2. In which areas you can apply counselling?
3. Discuss the importance of Non-verbal communication in interview?
4. What are the Issues you can observe in counselling women?
5. What is meant by Pre-marital counselling?
6. Evaluate the importance of Privacy setting in counselling?
7. Describe about vocational guidance?
8. Discuss about the need of Initial disclosure in counselling?
9. What is meant by In-depth exploration?
10. Evaluate the importance of Physical setting?

Section – B

5X 10= 50 Marks

Answer the following Questions

11. Discuss the meaning, need and objectives of counselling?

(OR)

12. What are the characteristics of an effective counsellor?
13. Explain about importance of Educational counselling?

(OR)

14. Describe about career counselling?

15. Describe different stages of counselling?

(OR)

16. Explain Counselling skills?

17. What is a counselling interview? What are the essential aspects in it?

(OR)

18. Discuss about the specific relationship problems that counsellor encounters during the process of counselling interview?

19. Elaborate on the issues involved in marital counselling?

(0R)

20. Explain the role of family and the issues involved in family counselling?

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B.A HONOURS PSYCHOLOGY (MAJOR)

SEMESTER- V SYLLABUS

NAME OF THE COURSE: EDUCATIONAL PSYCHOLOGY

Time: 3 hours

Max. Marks: 70

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Unit-I: Educational Psychology: Definition, Nature, Scope and importance, important methods of educational psychology

Unit- II Growth and Development during childhood and adolescence: General principles of growth and development - Physical growth, Motor development, Mental development, Emotional development, Social development, Development of attitudes, Interests values and personality

Unit – III The Nature of Learning process, Memory and Forgetting: The Process of Learning, Nature of Learning, Learning curves, Learning and maturation, Plateaus in learning, Role of Motivation, Kinds of Motivation -- Extrinsic and Intrinsic, Achievement Motivation -- Methods of Motivating Students to Learn Memory and forgetting- Types and methods of memorisation- factors influencing retention Curves of forgetting , kinds of forgetting.

Unit – IV Adjustment and maladjustment: Concept of adjustment, characteristics of adjustable people, various adjustment problems. Maladjustment: Symptoms of maladjustment, causes of maladjustment, Defense or adjustment mechanisms

Unit – V Personality: Concept and nature of personality- type approach, trait approach and psychoanalytical approach-factors influencing development of personality heredity and environment- methods of assessing personality-projective, non projective.

Reference Books : 1. S.K.Mangal (1982).Educational Psychology. Prakash brothers' educational publications, Ludhiana. 2. H.r.Bhatia (1977) A text book of educational psychology Macmillian India Ltd. 3. S.N.Rao.(1990) Educational psychology.Wileyeastrern Limited



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SEMESTER- V SYLLABUS
NAME OF THE COURSE: EDUCATIONAL PSYCHOLOGY
MODEL QUESTION PAPER

Time: 3 hours

Max. Marks: 70

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Section – A

5X4 = 20

Answer any FIVE of the following questions

1. Emotional development during adolescence
2. Types of motivation
3. Development of attitudes
4. What is educational psychology
5. Concept and types of Adjustment
6. Concept of personality
7. Role of motivation in learning
8. Personal causes of maladjustment
9. Motor development in childhood
10. Nature of Personality

Section - B

Answer the following questions

5X 10 = 50

11. Define Educational Psychology and explain the methods used in the study of educational psychology?

(OR)

12. Describe nature, scope and importance of educational psychology?

13. Describe the general principles of growth and development?

(OR)

14. Explain the process of emotional and social development during later childhood?

15. Describe the important methods used in motivating students to learn?

(OR)

16. Explain the process of learning and learning curves ?

17. Describe characteristics of adjustable people?

(OR)

18. Explain any four defense mechanisms?

19. Describe about projective techniques?

(OR)

20. Explain about type approach in personality?


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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)

SEMESTER- V SYLLABUS

NAME OF THE COURSE: ABNORMAL PSYCHOLOGY

Time: 3 hours

Max. Marks: 70

Unit-I: Concept of Abnormal Behaviour and Criteria for determining abnormality

psychology- Definition of abnormality, abnormal Psychology-past and present views and treatment. Approaches to psychology – psychodynamic, behavioural, cognitive behavioural, existential and biological.

Unit-II: Causes and Diagnosis of Abnormal Behaviour-

A) Biological, Psychological and Socio-Cultural; Critical Evaluation of these causes.
Current diagnostic systems: Introduction to the international classification of diseases (ICD-10) and Diagnostic and statistical manual of mental disorders (DSM-5) Etiological factors in abnormality stress, coping and the ego-defence mechanisms.

Unit-III: Neuro Developmental Disorders-

- A) Intellectual disabilities, Communication disorders, Autism Spectrum disorder, ADHD
- B) Specific learning disorder, Motor disorder, Tic disorder

Unit-IV: Schizophrenia Spectrum and other Psychotic disorders- Psychosis (Psychotic disorder), Schizophrenia and its subtypes-paranoid type, catatonic type, hebephrenic type.

Mood disorders-Unipolar and Bipolar disorders.

Unit-V: Anxiety Disorder: Nature and symptoms of generalized anxiety disorder, Phobias, Panic disorder, Obsessive compulsive disorder, Post traumatic stress disorder.

References: 1. Lamm, A. (1997). Introduction to psychology, N.Y. Sage publication.

2. Buss, A.H. (1999). Psychology. N.Y. John Wiley.

3. Irvin G. Sarason, Barbara R. Sarason (2006). Abnormal Psychology 11th edition. Prentice hall india 4. Carson. Abnormal Psychology 13th edition. Pearson education India.


P. Adarsh Kumar
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B.A HONOURS PSYCHOLOGY (MAJOR)
SEMESTER- V SYLLABUS
NAME OF THE COURSE: ABNORMAL PSYCHOLOGY
MODEL QUESTION PAPER

Time: 3 hours

Max. Marks: 70

Section-A

Answer any Five questions 5x 4 = 20

1. Explain about Psycho dynamic approach?
2. Discuss about Post traumatic stress disorder?
3. Mention about Unipolar disorders?
4. Write about Tic disorder?
5. Explain about PTSD?
6. Mention Any two biological causes for abnormality?
7. Discuss about communication disorder?
8. Discuss about Disgraphia
9. Describe about OCD?
10. Mention Agaro Phobia?

Section-B

Answer the Following Questions

5 x 10= 50

11. Define Abnormal Psychology and writes historical development of the discipline.
(OR)
12. Explain any two approaches in the study of Psychopathology?
13. Explain Etiological factors of abnormality?
(OR)
14. Explain about defence mechanisms?
15. What is ADHD? Explain about ADHD?

16. Describe about Motor and Tic disorders.

(OR)

19. Describe about General Anxiety disorders?

(OR)

20. Explain about Panic disorders?

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B.A HONOURS PSYCHOLOGY (MAJOR)

SEMESTER- V SYLLABUS

NAME OF THE COURSE: CONSUMER PSYCHOLOGY

Time: 3 hours

Max. Marks: 70

Unit I: Basics of Consumer Psychology

Meaning, nature, and scope of consumer psychology
Importance of studying consumer behavior in psychology
Methods of studying consumer behavior (observation, surveys, experiments)
Role of psychology in understanding consumers and fundamental concepts in consumer psychology

.Unit II: Psychological Factors Influencing Consumers

Perception: How consumers interpret information
Learning: How experiences shape buying behavior (classical, operant, observational)
Memory: How consumers remember brands and products
Motivation and Emotion: Why people buy – needs, goals, feelings

Unit III: Personality, Self, and Attitudes

Consumer personality and traits, Self-concept and how it affects buying choices, Life style and consumer habits, Attitude formation and change, Consumer decision-making process (steps and types of decisions)

Unit-IV: Social and Cultural Influences: Family and peer influence, Role of groups and social identity; Culture, subculture, and traditions in consumer behaviour, Influence of media and advertisements, Influence of supply and demand in consumer behaviour

Unit-V: Applications and Current Trends

Psychology behind advertising and branding, Online shopping and digital consumer behavior, Ethical and responsible consumerism, Children as consumers – ethical concerns, Sustainable buying behavior

References: Solomon, M. R. – *Consumer Behavior*
Schiffman, L. G. – *Consumer Behavior*

Selected articles and case studies

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B.A HONOURS PSYCHOLOGY (MAJOR)
SEMESTER- V SYLLABUS
NAME OF THE COURSE: CONSUMER PSYCHOLOGY
MODEL QUESTION PAPER

Time: 3 hours

Max. Marks: 70

Section-A
Answer any Five questions 5x 4 = 20

1. Why is the study of consumer behavior important in psychology?
2. Explain how perception affects consumer choices?
3. How does personality influence buying behaviour?
4. How does family influence consumer decisions?
5. What are the ethical concerns related to children as consumers?
6. Explain role of psychology in understanding consumers?
7. What is the role of needs in buying goods as a consumer?
8. Does consumer habits affects buying choices?
9. Discuss about Sustainable buying behavior ?
10. How does supply and demand influence consumer decisions?

Section-B
Answer the Following Questions 5 x 10= 50

11. What is consumer psychology? Explain its scope ?
(OR)
12. Describe the common methods used in consumer behavior research?
13. What is the role of learning in shaping consumer behavior?
(OR)
14. How do memory and motivation influence purchasing decisions?
15. What is self-concept? Explain with examples in consumer contexts?

(OR)

16. Describe the steps in consumer decision-making

17. What role does culture play in shaping consumer behavior?

(OR)

18. Explain how advertisements influence social behavior and group identity?

19. How does advertising use psychology to influence buying?

(OR)

20. Define Online consumer behavior and its rising trends?

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BOS 2025-2026

Meeting Minutes 08-05-2025

Under the Chairperson of BOS **Dr. P.Srinivas** the meeting held by welcoming all the members to the BOS meeting. After the brief introduction the agenda items listed were taken up to discussion and made the following resolutions.

1. The BOS resolved to recommend the Academic Council for the approval of changes made to the syllabus for Psychology Courses of Sem – 5 and Sem – 7 & 8 Papers for III and IV BA Psychology Honours (Semester –VI Internship for students).
2. The BOS resolved to recommend the academic council for the approval of changes made in the External and Internal Assessment pattern from 70:30 for major Courses.
3. The BOS resolved to recommend to the academic council for the approval of marks allotted for SEE Question Paper.
Section 1: $5 \times 4 = 20$ (5 out of 10 without internal choice)
Section 2: $5 \times 10 = 50$ (5 out of 10 with internal choice from each unit)
4. The BOS resolved to recommend to the academic council for the approval of the model question paper prepared as per blooms taxonomy for SEM- V, VII & VIII for students. It also decided to keep the pattern of examination same as previous year.
5. The BOS resolved to make changes in the syllabus taught in the academic year 2025-26 for V- Sem which are enunciated in the next few points.
 - a. We are following the course (**Counselling Psychology**) in Sem –V which gives service to the society.
 - b. We are following the course (**Abnormal Psychology**) in Sem –V which gives the awareness regarding normal and abnormal behaviour
 - c. We are following the course (**Consumer Psychology**) in Sem –V which gives the awareness regarding consumers behaviour

- d. In Educational psychology Unit –**IV Adjustment and mal adjustment** is added as it is very important topic that every individual must aware of it and useful to all the individuals.
6. The BOS resolved to recommend the Academic Council for the approval of changes made to the syllabus for Psychology for **Semester – VII SCHOOL PSYCHOLOGY, STRESS MANAGEMENT, PERSONALITY, REHABILITATION PSYCHOLOGY , SPORTS PSYCHOLOGY, HEALTH PSYCHOLOGY (Set A & Set B)**
7. The BOS resolved to recommend to the academic council for the approval of **HUMAN RESOURCE MANAGEMENT OR COMMUNITY DEVELOPMENT as SKILL ENHANCEMENT COURSE**
8. The BOS resolved to recommend the Academic Council for the approval of changes made to the syllabus for Psychology for **Semester – VIII POSITIVE PSYCHOLOGY, PSYCHOLOGY OF INDIVIDUAL DIFFERENCES , DEVELOPMENTAL PSYCHOLOGY ,ORGANISATIONAL PSYCHOLOGY, INDIAN PSYCHOLOGY, : CHILD & ADOLESCENT COUNSELLING (Set A & Set B)**
9. The BOS resolved to recommend to the academic council for the approval of **CORPORATE SOCIAL RESPONSIBILITY or FIELDS OF COUNSELLING PSYCHOLOGY as SKILL ENHANCEMENT COURSE**
10. The BOS resolved to empower Chairman of Board of Studies to make changes in the curriculum whenever there is necessary in emergency situations.


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KRISHNA UNIVERSITY

SEM- VII SYLLABUS

COURSE: 8, 16

B.A HONOURS PSYCHOLOGY (MAJOR)

NAME OF THE COURSE : SCHOOL PSYCHOLOGY

Unit I- Introduction to School Psychology A. Introduction; Defining School Psychology; Need and Relevance of School Psychology B. Historical Overview and Current Trends; Future of School Psychology in India; Roles and Function of a School Psychologist.

Unit II - Developmental Factors in Children and Adolescents A. Issues and Themes in Developmental Psychology; Lifespan Development; the Role of Heredity and Environment. B. Developmental theories; Approaches to Cognitive Development; Theories of language Development & Psychosocial Development; Ecological Systems Theory.

Unit III- Problem Behaviour in Children and Adolescents A. Children with Disability in India; Specific Learning Disabilities; Definition and Classification of Intelligence. B. Exceptional and Gifted Children; Identification of Gifted Children in India; Indian Government Funded Schemes; Role of the School Psychologist in Special Education.

Unit IV- Internalizing & Externalizing Problems in Children and Adolescents A. Internalizing Behavioral Problems; Depression; Anxiety; Social Withdrawal; Body Image Issues and Eating Disorders; Somatic Problems. B. Disruptive, Impulse-control, and Conduct Disorder; ADHD; Substance-Use Disorders; Other externalizing behaviors: Pyromania, Kleptomania, and Truancy.

Unit V- Interventions and Child Rights A. Assessment and Referral of Children with Emotional and Behavioural Problem; School Based Remedial Programs for Children; Using Art and Play Therapy; Cognitive Behavioural Therapy and Interventions; Psycho education B. School based support system;

Strengths-based Counselling in School; Child Rights; Right to Survival and Development; Right to Protection and Participation; Child Helpline

REFERENCES • Ramalingam, P. (2011). Prospects of School Psychology in India. Journal of the Indian Academy of Applied Psychology, 37(2), 201-211. School Psychology. Retrieved from <https://www.apa.org/ed/graduate/specialize/school> on 25 Feb. 2021. • 20/09/the-new-education-policy-and-its-effecton-mental-health.html



P. Ramalingam
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KRISHNA UNIVERSITY
B.A_HONOURS PSYCHOLOGY (MAJOR)
PAPER: SCHOOL PSYCHOLOGY
SEMESTER-VII
MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20M

1. What is school psychology?
2. Current trends in school psychology
3. Impact of heredity and environment on development
4. Approaches to cognitive development
5. Identification of gifted children in India
6. Classification of Intelligence
7. Somatic problems
8. Kleptomania
9. Art and play therapy
10. Strengths- based counselling in school

Section-B

Answer the following Questions

5x10=50

11. Explain the Need and Importance of school psychology?

Or

12. Mention the roles and functions of a school psychologist?

13. Describe about lifespan development?

Or

14. Explain the developmental theories of language and psycho-social development?

15. Discuss about learning disabilities?

Or

16. Explain the role of a school Psychologist in special education?

17. Explain about body image issues and eating disorders in adolescence?

Or

18. Explain about conduct and substance-use disorders?

19. Explain cognitive behavioural therapies and interventions used for children with Behavioural problems in schools?

Or

20. Briefly explain about School based support systems?


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SEM- VII SYLLABUS

COURSE:

B.A HONOURS PSYCHOLOGY (MAJOR)

NAME OF THE COURSE : STRESS MANAGEMENT

Unit I- Stress: An Introduction A. Concept of Stress; Nature of Stress; Sources of Stress B. Measurement of Stress; Models of Stress

Unit II- Factors Contributing to Stress & Effect of Stress A. Factors Contributing to Stress Proneness; Moderators of Stress. B. Effect of Stress on: Health, Performance & Productivity, and Relationship.

Unit III- Coping with Stress A. Definition and Nature of Coping. B. Coping Styles. Physical activity and diet, importance of sleep and routine

Unit IV- Stress Management Techniques-I A. Relaxation Techniques; Meditation; Yoga. B. Mindfulness; Biofeedback.

Unit V- Stress

Management Techniques- II & III A. Cognitive Restructuring; Time Management. B. Interpersonal Skills; Problem Solving

SUGGESTED READINGS : Crannage, A. (2018). Stress and Our Mental Health - What is the Impact & How Can We Tackle It? retrieved from [https://www.mqmentalhealth.org/ posts/stress-and-mental-health](https://www.mqmentalhealth.org/posts/stress-and-mental-health) on 22nd

November at 10:00 pm. • Ghosh, M. (2015). Health Psychology: Concepts in Health and Wellbeing. New Delhi: Dorling Kindersley (India) Pvt. Ltd. • Kavanagh, J. (2005). Stress and Performance: A Review of the Literature Effect of Stress and Its Applicability to the Military retrieved from https://www.rand.org/content/dam/rand/pubs/technical_reports/2005/RAND_TR192.



**KRISHNA UNIVERSITY
SEM- VII SYLLABUS**

**B.A HONOURS PSYCHOLOGY
COURSE: –STRESS MANAGEMENT**

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20M

1. Nature of stress
2. Models of stress
3. Effect of stress on health
4. Moderators of stress
5. What is meant by coping with stress?
6. Anyone coping style
7. Importance of meditation
8. Write about bio feedback?
9. What is meant by cognitive restructuring?
10. Problem solving techniques

Section-B

Answer the following Questions

5x10=50

(Choose set A or Set B and answer any one of the questions)

11. Explain about concept and sources of stress?

Or

12. Discuss about measurement of stress?

13. Write the factors contributing to stress proneness?

Or

14. Discuss the effect of stress on performance, productivity and relationship?

15. Write about the following stress management techniques A) yoga B) mindfulness

Or

16. Write about stress management techniques?

17. Define coping and write about nature of coping styles?

Or

18. Explain any three coping strategies of stress?

19. Write about Importance of time management as stress management technique?

Or

20. Write about importance of Interpersonal skills as stress management technique?


P. Adhikari
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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)
SEM- VII SYLLABUS
COURSE: PERSONALITY

Unit I: Introduction to Personality Introduction to personality: Definition and concepts; Factors influencing personality; Assessment and methods of research in personality.

Unit II: Psychodynamic Theories Classical psychoanalysis: Freud; Neo-Freudian theories: Jung, Adler, Erickson and Horney; Personality Assessment: Myers-Briggs Type Indicator

Unit III: Behavioral and Trait Theories: Hippocrates and Sheldon; Behaviorism: Skinner; Social Learning: Bandura; Trait theories: Allport and Cattell

Unit IV: Existential and Humanistic Theories Existential theories: Rollo May and Victor Frankl; Humanistic theories: Abraham Maslow and Carl Rogers

Unit V: Theories on Specific Facets of personality Psychology of reversals: Smith and Apter; Rotter's Locus of control; Seligman: Learned helplessness, explanatory style; Zukerman: Sensation-seeking

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Schultz, D.P. & Schultz, S.E. (2013). Theories of Personality (10 Ed.). New Delhi: Cengage Learning. 2. Hall, C.S., Lindzey, G. & Campbell, J.B. (2007). Theory of personality (4th ed.). New York: John Wiley 3. Cornelissen, R.M.M., Misra, G & Varma, S (2014). Foundations and Applications of Indian Psychology. Pearson Education



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B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VII SYLLABUS
COURSE: PERSONALITY

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20M

1. Zukerman's theory
2. What is Personality? Explain with illustrations
3. Sheldon's Type theory
4. Mention Myers-Briggs Type Indicator
5. Victor Frankl's Existential theory
6. Non-Projective techniques
7. What is the main focus of Alder's theory
8. Goals of client centered therapy
9. Cattell's trait theory
10. Rotter's Locus of control

Section-B

Answer the following Questions

5x10=50

11. Explain the factors Influencing Personality?

12 . Mention the Projective techniques used in Assessment of Personality?

or


15. Describe Bandura's social learning theory?

16. Define Traits? Mention Allport's trait theory?

Or

19. Explain Smith and Apter's theories?

20. Discuss Zukerman: Sensation-seeking?


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B.A HONOURS PSYCHOLOGY (MAJOR)

SEM- VII SYLLABUS

COURSE: REHABILITATION PSYCHOLOGY

Unit I- Nature and Scope of Rehabilitation psychology A) Definition, historical perspective, scope and methods; Functions of Rehabilitation Psychology: General functions and special functions; Goals and objectives of rehabilitation B) Multi-disciplinary approach to rehabilitation: Biological, medical, psychological, educational and social aspects.

Unit II- Disabilities A) Disability - Concept and definitions; Types of disabilities: Visual impairment, Hearing and speech impairment, Locomotor disability, Mental retardation, Cerebral palsy, Autism , Mental illness; Learning disabilities, Multiple handicaps. B) Personality Development of Disabled Persons; Factors influencing personality development of disabled individuals; Life span development of people with disabilities; Assessment of personality of disabled individuals

Unit III. Intervention A) Early intervention: definition, assessment and strategies for intervention. Screening and early identification of people with developmental disabilities. B) Special education: – aims, objectives and functions, Emerging trends in special education; Educational assessment and evaluation for persons with disabilities; Educational technology for disabled

Unit IV. Psychological Intervention A) Planning Intervention: Psychoanalytic Approach, Learning Theories and Strategies, Planning and Designing, Learning Situations, Counselling Strategies. B) Therapeutic services and Restorative techniques. Designing Training Programmes for Professionals: Training Need Analysis, Implementation of Training Programmes.

Unit V- Rehabilitation in India A) Organization & Management: Evolution of Non-Government Organizations, Background Characteristics of Organization B) Capacity Building of Non-Government Organizations; Services and programmes for disabled individuals and their families in India

Recommended Readings: Bolton B., 1987. Handbook of Measurement and Evaluation in Rehabilitation, Second Edition. Paul H. Brookes, Baltimore, London; Brown Roy I., & E. Anne Hughson, 1987. Behavioural and Social Rehabilitation and Training. John Wiley & Sons Ltd; Chadha N.K. & Nath S., 1993. Issue and Trends in Rehabilitation Research. Friends Publication, Delhi; Gokhale S.D., 1987. Rehabilitation: Attitude and Reality. Rehabilitation Coordination India. Tata McGraw-Hill Publishing Company Limited, New Delhi.



P. Adhikari
TSR & ERR Govt. Degree College
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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)

SEM- VII SYLLABUS

COURSE: REHABILITATION PSYCHOLOGY
MODEL QUESTION PAPER

Time- 3 hours

Maximum Marks- 60

SECTION- A

Answer any FIVE questions

5x4= 20

1. Definition of Rehabilitation
2. Psychological approach to rehabilitation
3. Disability
4. Assessment of Personality
5. Intervention
6. Special Education
7. Learning Situations

8. Restorative Techniques

9. Non-Government Organization (NGO)

10. Capacity Building

SECTION- B

Answer ALL the questions

5x10= 50

11. Explain the Nature and Scope of Rehabilitation psychology

OR

12. Discuss a few words about Multi-disciplinary approach to rehabilitation

13. What is meant by Mental Retardation?

OR

14. Describe some Factors influencing personality development of disabled individuals.

15. Describe assessment and strategies for intervention.

OR

16. Briefly explain about Emerging trends in special education.

17. Explain Psychoanalytic Approach of Intervention.

OR

18. What are Therapeutic services and Restorative techniques?

19. List out some Non Government Organizations in India.

OR

20. Explain Evolution of Non-Government Organizations.

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SEM- VII SYLLABUS
COURSE:SPORTS PSYCHOLOGY

Unit I: Introduction to Sports Psychology A) History, nature, and scope of sports psychology; Role of a sports psychologist B) Recent perspectives - issues of race, gender and sexual orientation in sports.

Unit II: Cognitive and Psychosocial Aspects in Sports Psychology A) Personality traits and sports behaviour: Trait theories and mental toughness; Personality development and sports: Social learning theory; Attitude to sport. B) Motivation and sport: Theories of motivation; intrinsic and extrinsic motivation, self-efficacy; counterfactual thinking

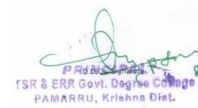
Unit III: Group Aspects in Sports A) Groups and teams; social facilitation; Negative effects of team leadership; leadership. B) Aggression; theories of aggression; reduction of aggression; aggression, injury and addictive behaviours.

Unit IV: Arousal, Anxiety, Stress and Sports Performance A) Definitions of arousal, anxiety and stress; factors inducing anxiety and stress; the relationship between arousal and performance. B) Burnout, overtraining & overreaching; Drug abuse in sport and exercise.

Unit V: Interventions in Sports Psychology A) Cognitive and behavioural interventions: relaxation, self- talk, hypnosis, imagery. B) Psychological skills training; classifying skills; stages of skill acquisition

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL 1.

Jarvis, Matt (2006) Sports Psychology: A Student's Handbook. New York: Routledge. 2. Horn, T. S (Ed) (2008). Advances in sports psychology. 3rd Ed Canada: Herman Kinetics. 3. Murphy, E. (1995) Advances in Sports Psychology. Illinois: Human Kinetics. SRR & CVR Govt. Degree College (A), Vijayawada Page 47 Board of Studies 2021 III B. A. Psychology SPORTS PSYCHOLOGY SEM- 5 MODEL QUESTION PAPER Paper- 16 Time- 3hours M



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B.A HONOURS PSYCHOLOGY(MAJOR)

SEM- VII

COURSE:SPORTS PSYCHOLOGY

MODEL QUESTION PAPER

Time- 3 hours

Maximum Marks- 70

SECTION- A

Answer any FIVE questions 5x4= 20

1. Nature of Sports Psychology
2. Importance of Sports Psychology
3. Personality Traits
4. Sports Behavior
5. Social Facilitation
6. Aggression
7. Arousal
8. Burnout
9. Relaxation
10. Classifying Skills

SECTION- B

Answer ALL the questions

5x10= 50

11. Explain the scope of Sports Psychology?

OR

12. Discuss a few words about recent perspectives in Sports Psychology

13. What is meant by Attitude to Sport?

OR

14. Describe Self- Efficacy.

15. Describe some effects of team leadership.

OR

16. Briefly explain about theories of aggression.

17. Explain briefly about the relationship between arousal and performance.

OR

18. What is Drug abuse in sport and exercise?

19. List out some Behavioral Interventions and explain.

OR

20. Explain Stages of Skill Acquisition

KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VII SYLLABUS
COURSE: HEALTH PSYCHOLOGY

Unit I: Introduction to Health Psychology A) Definition, need and goals of health psychology; cognitive- behavioural approaches, health-illness and mind-body continuum B) Bio-Psychosocial model of health and its implications; Health beliefs

Unit II: Health Behaviour A) Health behaviour, its types and characteristics; Theories of health behaviour B) Factors influencing health behaviour and the barriers to health behaviour.

Unit III: Lifestyle disorders and Illness A) Addiction (substance abuse), its stages and the role of intervention; Stress and hypertension B) Coronary Heart Disease (CHD) -Nature and its relationship with depression and hostility as contributing factors.

Unit IV: Enhancing Health Behaviour A) Importance of health enhancing behaviour; Role of exercise, yoga, healthy diet, weight management and sleep. B) Psychology of pain management, its theories and pain management techniques

Unit V: Health and Well-being A) Coping strategies and the role of positive emotions in well-being. B) Meditation: types and techniques; Resilience and its role in health and well-being

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL 1.
Allen, F. (2011). Health psychology and behaviour. Tata McGraw Hill Edition.
2. Marks, D. F., Murray, M., Evans, B., & Estacio, E.V. (2011). Health
Psychology. 3rd Ed. India: SAGE Publications. 3. Sarafino, E. P. and Timothy
W Smith (2016). Health Psychology. John Wiley & Sons Inc.

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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)
SEM- VII
COURSE: HEALTH PSYCHOLOGY
MODEL QUESTION PAPER

Time- 3 hours

Maximum Marks- 70

SECTION- A

Answer any FIVE questions 5x4= 20

1. Definition of Health Psychology
2. Psycho-social model of Health
3. Healthy Behavior
4. Barriers to Health Behavior
5. Addiction
6. Depression
7. Enhancing Behavior
8. Pain Management
9. Expression of Positive Emotions
10. Well Being

SECTION- B

Answer ALL the questions

5x10= 50

11. Explain Cognitive and Behavior Approach

OR

12. Describe Mind-Body Continuum

13. What is Coronary Heart Disease?

OR

14. How to manage stress and hypertension?

15. Describe the Theories of Health Behavior

OR

16. List out some barriers of Health Behavior

17. Explain briefly about management of Health Behavior

OR

18. Describe about Theories of Pain Management

19. What are some Coping Strategies?

OR

20. Write about Meditation and its Importance


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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VII SYLLABUS
COURSE: HUMAN RESOURCE MANAGEMENT
SKILL ENHANCEMENT COURSE

Unit I: Introduction to Human Resources Management: History of HRM, Nature and scope, Functions; Major concepts in human resource management; Importance of HRM and the challenges faced

Unit II: Human Resource Practices Job Analysis; Recruitment and Selection,uses of job analysis,methods for collecting job analysis information

Unit III: Training and Evaluation- process of training,Types of training, Performance Appraisals; Meaning and nature of performance appraisal, process, models and methods of performance appraisal.

Unit IV: International Human Resource Management; Globalization and Cross-national organizations and its types; Role of IHRM; Cultural differences; Policies and practices in the multi-national enterprises

Unit V:Employee counselling and wellness services- Nature and scope of Employee counselling, Approaches,Process of Employee counselling, stress and stress management,Health promotion programmes

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL 1. Chadha, N.K. (2002). Human Resource Management: Issues, Case Studies & Experiential Exercises. New Delhi: Shri Sai Printographers 2. De Cenzo and

Robbins, S.P. (2016). Fundamentals of human resource management (8th ed). NY: Wiley. Muchinsky, P. (2006). Pearson Education. 3. Smither, R.D. (1988). The psychology of work and human performance. NY: Harper and Row



KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)
SEM- VII
COURSE: HUMAN RESOURCE MANAGEMENT
SKILL ENHANCEMENT COURSE
MODEL QUESTION PAPER

Time- 3 hours

Maximum Marks- 70

SECTION- A

Answer any FIVE questions 5x4= 20

1. Definition of Human Resources
2. Importance of Human Resources Psychology
3. Use of Job analysis
4. Recruitment and Selection
5. Process of Training
6. Role of IHRM
7. Globalization
8. Cross-national organizations
9. Process of employee counselling

10. what is stress management

SECTION- B

Answer ALL the questions 5x10= 50

11. Explain the history of Human Resources psychology

OR

12. Write about Nature, scope and Functions of Human Resources

13. Explain methods for collecting job analysis information?

OR

14. Describe Recruitment through Human Resources

15. Describe International Human Resources Management

OR

16. Describe Policies and Practices in the multi-national enterprises

17. Explain briefly about Types of Training

OR

18. Write about Nature of Performance appraisals

19. Explain Health promotions in Employess

OR

20. Write the nature and scope of employees counselling

KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VII SYLLABUS
COURSE: COMMUNITY DEVELOPMENT
SKILL ENHANCEMENT COURSE

UNIT 1: Introduction to Community Development

- Meaning and definition of community and community development
- Objectives and importance of community development
- Historical evolution of community development (India and global context)
- Principles and characteristics of community development
- Types of communities: Rural, Urban, Tribal

UNIT 2: Community Organization and Participation

- Community organization: meaning, process, and models
- Role of leadership in community development
- Community participation: types, levels, and importance
- Role of local institutions and voluntary organizations
- Barriers to community participation and methods to overcome them

UNIT 3: Approaches and Methods of Community Development

- Top-down vs. bottom-up approach
- Asset-Based Community Development (ABCD)
- Participatory Rural Appraisal (PRA) and Rapid Rural Appraisal (RRA)
- Role of NGOs, SHGs, and cooperative societies
- Use of social mapping, surveys, and needs assessment

UNIT 4: Community Development Programmes and Policies in India

- Overview of major government initiatives:
 - Integrated Rural Development Programme (IRDP)
 - Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA)
 - National Rural Health Mission (NRHM)
 - Swachh Bharat Abhiyan, PMAY, NRLM
- Role of Panchayati Raj Institutions (PRIs) in development
- Public-private partnership in community development

UNIT 5: Contemporary Issues and Role of Youth in Community Development

- Challenges: Poverty, unemployment, illiteracy, health, gender inequality
- Environmental issues and sustainable development in communities
- Role of youth, NSS, NYKS, and academic institutions in community service
- Use of technology and digital tools in community empowerment
- Case studies of successful community development models

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B.A HONOURS PSYCHOLOGY(MAJOR)

SEM- VII SYLLABUS

COURSE: COMMUNITY DEVELOPMENT

SKILL ENHANCEMENT COURSE

MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions 5X4=20M

1. Explain the key features of community development
2. Differentiate between rural and tribal communities
3. Discuss different types of community participation.
4. Explain the models and process involved in community organisation?
5. Describe the role of NGOs, and cooperative societies in local development
6. use of social mapping
7. Discuss the contribution of Panchayati Raj Institutions in implementing development policies
8. Impact of MGNREGA in rural development

9. How can technology and digital tools empower communities?
10. Examine the major challenges faced by Indian communities

Section-B

Answer the following Questions **5x10=50**

11. Define community? Discuss the objectives and significance of community development in modern society?

Or

12. Trace the historical evolution of community development in India and compare it with global trends?

13. Analyze the role of leadership in achieving community development goals?

Or

14. Identify the major barriers to community participation and suggest ways to overcome them?

15. Compare and contrast the top-down and bottom-up approaches in community development?

Or

16. What is Asset-Based Community Development (ABCD)? Discuss its advantages?

17. Describe the goals and functioning of the Integrated Rural Development Programme (IRDP)?

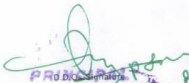
Or

18. Explain how public-private partnerships support community development efforts?

19. What is the role of youth and student bodies like NSS and NYKS in community transformation?

Or

20. Present a case study of a successful community development project in India?


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NAME OF THE COURSE : POSITIVE PSYCHOLOGY

KRISHNA UNIVERSITY

SEM- VIII SYLLABUS

COURSE:

B.A HONOURS PSYCHOLOGY(MAJOR)

NAME OF THE COURSE : POSITIVE PSYCHOLOGY

MODEL QUESTION PAPER

Time- 3 hours

Maximum Marks- 70

Section-A

Answer any FIVE Questions

5x4=20

1. Definition of Positive Psychology
2. Nature of Positive Psychology
3. Positive Emotions
4. Subjective Well-Being
5. Mindfulness
6. Self-compassion
7. Attachment Theory
8. Positive Schooling
9. Spirituality
10. Positive Practices

Section-B

Answer all questions

5x10=50

11. Emergence of positive psychology

Or

12.Theoretical background of positive psychology

OR

13. Theories of Happiness

Or

14.Character strengths and virtues

15. Flow and performance

Or

16.Gratitude and forgiveness

17. Attachment and love

Or

18.Interpersonal relationships

19. Spirituality and religiosity

Or

20.Healing practices


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SEM- VIII SYLLABUS

B.A HONOURS PSYCHOLOGY (MAJOR)

**NAME OF THE COURSE : PSYCHOLOGY OF INDIVIDUAL
DIFFERENCES**


Unit I- Introduction A. Aspects of Personality; Individual Differences- Factors Contributing. B. Assessment of Personality- Concept; Methods- Observation, Interviews, Inventories.

Unit II- Intelligence A. Defining & Measuring Intelligence; Concept of Intelligence and Emotional Intelligence. B. Theories of Intelligence- Spearman's Two Factor, Thurstone, Cattell, Gardner.

Unit III- Aptitude A. Assessment of Intelligence; Individual & Group Tests; Verbal & Non Verbal Tests. B. Aptitude: Definition, Nature, Concept and Measurement; Advantages & Limitations.

Unit IV- Indian Thoughts in Psychology A. Indian Psychology- Meaning, Nature and Scope; Differences between Indian and Western Psychology. B. Concept of Self in Indian Thought- Self, Identity and Self-Concept

Unit V- Motivation and Creativity A. Motivation- Definition; Types- Primary & Secondary, Extrinsic & Intrinsic; Theories- Drive Reduction Theory, Optimal Arousal Theory, Maslow's Hierarchy of Needs. B. Creativity- Nature & Aspects; Approaches; Correlates of Creativity; Assessments.


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SEM- VIII SYLLABUS

B.A HONOURS PSYCHOLOGY(MAJOR)

PAPER: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20M

1. Interviews
2. Different aspects of personality
3. Nature of Indian psychology
4. What is self
5. Emotional Intelligence
6. Spearman's two factor theory
7. Nature of creativity
8. Individual and group tests
9. Nature of Aptitude
10. Types of Motivation

Section-B

Answer the following Questions

5x10=50

(Choose set A or Set B and answer any one of the questions)

11. What is Personality? Explain the factors contributing development of personality?

Or

12. How can you assess personality?

13. Define intelligence and explain Gardner's multiple intelligence?

Or

14. Describe the concept of Intelligence?

15. Explain different types of Intelligence tests?

Or

16. Define Aptitude and explain advantages and limitations of aptitude?

17. Explain the difference between Indian and Western psychology?

Or

18. Discuss about Self-identity and Self-concept?

19. Define Motivation and explain Maslow's hierarchy of needs?

Or

20. Explain different aspects and approaches of Creativity?


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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VIII SYLLABUS
COURSE: DEVELOPMENTAL PSYCHOLOGY

Syllabus

UNIT –I:

Development: Principles of Development-Significant Facts of Development-
Various Stages of Development

Unit-II:

Infancy: Characteristics Of Infancy-Major Adjustments Of Infancy- Hazards
Of Infancy

Baby Hood: Characteristics Of Baby Hood-Developmental Tasks

Unit-III:

Early Child Hood : Characteristics – Developmental Tasks –Hazards Of Early
Child Hood

Later Childhood : Characteristics – Developmental Tasks –Hazards Of later
Child Hood

Unit-IV

Puberty: Body Changes - Characteristics–Hazards Of Puberty

Adolescence: Characteristics – Developmental Tasks –Hazards Of Adolescence

Unit –V:

Early Adult Hood: Characteristics – Developmental Tasks –Personal And Social Hazards of Early Adult Hood – Vocational And Family Adjustments –Hazards Of Adjustment

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B.A HONOURS PSYCHOLOGY (MAJOR)
SEM- VIII SYLLABUS
COURSE: DEVELOPMENTAL PSYCHOLOGY

Model Question paper

Time:3 Hrs

MaxMarks:70

Section- A

Answer any five of the following questions

5 X 4 = 20

1. Impact of maturation
2. Social Development of Adolescence.
3. Family adjustment of early Adulthood.
4. Characteristics of early childhood
5. Hazards in puberty
6. Characteristics of early Adulthood
7. Hazards of adolescence
8. Physical development of babyhood
9. Vocational adjustment
10. Body changes in puberty
- 11.

Section-B

Answer all the Questions

5 x 10= 50

12. What is development and describe principles of development.
(OR)
12. Describe significant facts of development.

- 13.Explain major adjustments and hazards of infancy.
(OR)
- 14.Describe the characteristics of babyhood.
- 15.Explain the developmental tasks of early child hood.
(OR)
- 16.Explain emotional, Social development of later childhood
- 17.Describe characteristics and Hazards of puberty.
(OR)
- 18.Explain the characteristics and developmental tasks of adolescence
- 19.Explain various adjustments in early adulthood and Hazards in it.
(OR)
- 20.Explain social and personal Hazards and characteristics of early adulthood.

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B.A HONOURS PSYCHOLOGY (MAJOR)
SEM- VIII SYLLABUS
COURSE: ORGANIZATIONAL PSYCHOLOGY

Unit I: Introduction to Organizational Behaviour:

A) History of organizational behaviour; Major Fields of organizational behaviour. B) Fundamental concepts; Importance of organizational behaviour and the challenges faced

Unit II: Individual Behaviour Processes:

A) Job satisfaction its antecedents, consequences and measurement; B) Theories of work motivation

Unit III: Dynamics of Organizational Behaviour:

A) Organizational culture and climate; Organizational politics; B) Positive organizational behaviour and work ethics; Organizational commitment

Unit IV: Leadership and its theories:


A) Theories of Leadership; Types of leadership; B) Indian perspective of leadership and the challenges faced

Unit V: Problems related to workplace :

A) Work-life balance and stress management; Attrition; Addiction; B) Aggression in workplace, bullying, harassment, sexual harassment and workplace violence.

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Pareek, U. & Khanna (2018). Understanding Organizational Behaviour. 4th Ed Oxford: Oxford University Press. 2. Schermerhorn, Jr., Osborn, J.G. & Uhl-Bien, M. (2016). 13th Ed Organizational Behaviour. New Delhi: Wiley India. 3. Schultz, D.P. Bulgar A.C. & Schultz E.S., (2020), Psychology and Work Today, 11th Ed., Routledge Publishers.
- SRR & CVR Govt. Degree College (A), Vijayawada Page 27 Board of Studies 2021 II B. A. Psychology ORGANIZATIONAL PSYCHOLOGY SEM- 3 MODEL QUESTION PAPER Paper- 8 Time- 3 hours M


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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)

SEM- VIII SYLLABUS

COURSE: ORGANIZATIONAL PSYCHOLOGY

Time- 3 hours

Maximum Marks- 70

SECTION- A

Answer any FIVE questions

5x4= 20

1. Definition of Organizational Psychology
2. Major fields of Organizational Psychology
3. Job Satisfaction
4. Work Motivation
5. Organizational Culture
6. Work Ethics
7. Leadership
8. Types of Leaders
9. Stress Management
10. Workplace Violence

Answer ALL the questions 5x10= 50

11. Explain the history of Organizational psychology

OR

12. List out some fundamental concepts of Organizational Psychology

13. What is Job satisfaction?

OR

14. How to identify Individual Behaviour Processes?

15. Describe Organizational culture and climate?

OR

16.Positive Organizational behavior and Work Ethics

17. Explain briefly about Indian perspective of Leadership.


OR

18.Theories of Leadership

19. Emergence of Organizational Psychology

OR

20. Bullying and Sexual harassment at workplace.


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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VIII SYLLABUS
COURSE: INDIAN PSYCHOLOGY

Unit I- Introduction A. Indian Psychology- Meaning, Nature and Scope B. Historical Sources & Development- Sources for Indian Psychology, Development of Indian Psychology.

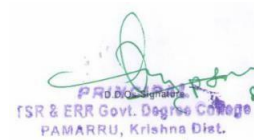
Unit II- Indian and Western Psychology: Differences A. Differences in the Worldview; Indian Worldview- Darsana and Dharma. B. Human Nature; Life & Death; Goals & Values of Life- Purushartha; State of Consciousness; Mind and Mental Activities.

Unit III- Yoga, Meditation and Concept of Self A. Contemporary Developments in the Psychology Discipline- Yoga, Meditation & Others. B. Self, Identity and Self- Concept- Introduction & In Western Psychology.

Unit IV- Concept of Self in Indian Thought A. Spiritual terms- Atman, Purusha, Jiva; Atman and Jiva- Distinction. B. Psychological Terms- Aham and Ahamkara; Psychological Terms Related to Experiences of Jiva.

Unit V- Indian Tradition A. Development of Self and Identity as per Indian Traditions. B. The Concept of Self in Relation to Indian Family and Culture.

FURTHER READINGS AND REFERENCES • Akhilananda, S. (1948). Hindu psychology: It's meaning for the west. London: George Routledge & Sons. • Akhilananda, S. (1952). Mental health & Hindu psychology. London: George Routledge & Sons. • Aurobindo (1910). Eight essays on "system of national education". Karmayogin – Feb 12 – Apr 2. • Colman, A. M. (2009). Oxford dictionary of Psychology. Oxford, UK: Oxford • University Press. • Erikson, E. H. (1951). Childhood and society. New York: Norton. • Erikson, E. H. (1968). Identity: Youth and crisis. New York: Norton



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B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VIII

COURSE: INDIAN PSYCHOLOGY
MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions 5X4=20 M

1. Nature of Indian psychology
2. Trace the development of Indian Psychology through different historical periods.
3. What are *Purusharthas*?
4. What is the concept of self in Western psychology
5. Discuss the Indian understanding of human nature, life, and death.
6. Discuss the psychological benefits of meditation
7. How is *Atman* distinct from *Jiva*?
8. How does Indian tradition explain the development of self and identity
9. Contemporary Developments of self in the Psychology Discipline
10. The Concept of Self in Relation to Indian Culture

Section-B

Answer the following Questions

5X10=50M

11. What is Indian Psychology? Discuss its meaning and scope. ?

Or

12. Explain the historical sources and stages in the development of Indian Psychology.

?

13. Compare the Indian and Western worldviews in relation to psychology. ?

Or

14. Explain the concept of *Darsana* and its relevance to Indian psychological thought?

15. Explain Discuss the role of yoga and meditation in the contemporary development of psychology?

Or

16. Explain the concept of self, identity, and self-concept in Western psychology?

17. Define *Atman*, *Purusha*, and *Jiva*. How is *Atman* different from *Jiva*?

Or

18. Explain the terms *Aham* and *Ahamkara*. How do they shape individual experience

19. Discuss the role of Indian cultural values in shaping identity

Or

20. In what ways do Indian family systems influence the concept of self?


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B.A HONOURS PSYCHOLOGY (MAJOR)

SEM- VIII SYLLABUS

COURSE: CHILD & ADOLESCENT COUNSELLING

Unit I- Social System and Impact of Media A. Microsystems & Social Systems; Influential Social System- Family (premier), School (learning), Peer Group; Influences and Self. B. Sources of Media- Newspaper, TV, Computer, Cell Phones etc; Effects of Media on- Physical, Psychological & Social Functioning; Strategies to Regulate Effects of Media.

Unit II- Children in Vulnerable Situations & Assessment of Psychopathology A. Identifying & Dealing with Vulnerabilities; Importance of Resilience; Downward Spiral of Child Vulnerability; Rehabilitation Vs. Prevention. B. Assessment Types- Cognitive, Intelligence, Attention, Memory, Perceptual Motor, Questionnaires, Projective Techniques; Ethics; Training in Psycho Diagnostics.

Unit III- Life Skills Training A. Introduction; Core Life Skills; Categories of Life Skills; Steps in Learning Thinking Skills. B. Steps in Learning Negotiation Skills; Methods of Imparting and Implementing Life Skills Training in India; Benefits of Life Skills.

Unit IV- Play Therapy and Training Parents A. Play and Child Development; Stages of Play; Benefits of Play; Historical Development of Play Therapy; Suggested Playroom Materials; Child-Centered with Indian Children. B. Need for Training Parents of Disabled Child; Models of Parent Training; Procedure; Evaluation of Parent Training Programmes.

Unit V- Counselling for Trauma and Abuse in Childhood & CBT A. Trauma in Children; Casual Factors of Trauma; Impact of Child Abuse, Neglect

FURTHER READINGS AND REFERENCES • Beck, J.S. (1995). Cognitive therapy: Basics and beyond. New York: Guilford Press. • Kroenke, K. (2007). Efficacy of treatment for somatoform disorders: a review of randomized controlled trials. *Psychosomatic Medicine*, 69, 881-8.


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B.A HONOURS PSYCHOLOGY(MAJOR)

SEM- VIII

COURSE: CHILD & ADOLESCENT COUNSELLING

MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20

1. Influence of peer group on an adolescent
2. Strategies to regulate effects of media
3. Importance of resilience
4. Steps in learning thinking skills
5. Benefits of life skills
6. What is the need for training parents of a disabled child?
7. What are the causal factors of trauma in childhood?
8. Concept of cognitive behaviour therapy
9. Importance of questionnaires in assessing psychopathology
10. Benefits of play in childhood

Section-B

Answer the following Questions

5X10=50M

11. Explain the influence of family and school on childhood?

Or

12. Explain about effects of media on the physical, psychological and social functioning of individuals?

13. Explain about downward Spiral of child vulnerability?

Or

14. What is projection and explain various projective techniques used in the assessment of psychopathology?

15. Discuss different categories of life skills?

Or

16. Explain the methods used to import and implement life skills?

17. Discuss the historical development of play therapy?

Or

18. Explain the models of parent training of disabled children?

19. Explain the prevention and management of child abuse and trauma?

Or

20. Describe the process of Cognitive Behaviour Therapy?

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B.A HONOURS PSYCHOLOGY (MAJOR)

SEM- VIII SYLLABUS

COURSE: CORPORATE SOCIAL RESPONSIBILITY

Course Objective: This course is to provide practical understanding about basic concepts, frameworks, legislative initiatives, financial resources for CSRs and skills required for implementation and appraisal of CSR programs.

Course Learning Outcomes: After completing the course, the student shall be able to achieve the following outcomes:

CO1: Explain various concepts in Corporate Social Responsibility (CSR)

CO2: Explain the frameworks for CSR and global initiatives

CO3: Analyse the legislative initiatives relating to CSR in India

CO4: Evaluate the roles and responsibilities of Key Stakeholders under CSR

CO5: Make a critical appraisal of the implementation of CSR projects in India

Unit 1: Introduction to Corporate Social Responsibility (CSR) • CSR:

Concept and Importance; Concepts of Charity, Corporate Philanthropy, Corporate Citizenship • Relation between CSR and Corporate Governance; Carroll's Model • Drivers of CSR; Major Codes on CSR • Evolution of CSR in India; CSR initiatives in India.

Unit 2: International Framework for CSR • United Nations (UN) Global


Compact 2011 • UN Guiding Principles on Business and Human Rights • OECD CSR Policy Tool, ILO Tri-Partite Declaration of Principles on Multinational Enterprises and Social Policy • Global Compact Self-Assessment Tools.

Unit 3: CSR Legislation in India • Provisions of Section 135 of Companies Act 2013 • Scope for CSR Activities under Schedule VII, • Appointment of Independent Directors on the Board • Computation of Net Profits • Implementing Process of CSR in India.

Unit 4: Identifying Key Stakeholders of CSR & their Roles • Role of Public Sector in CSR activities; Government Programs Encouraging Voluntary Responsible Action of Corporations • Role of Non-profit & Local Self Governance in Implementing CSR 78 • Contemporary Issues in CSR & SDGs - National Voluntary Guidelines by Govt of India • Understanding Roles and Responsibilities of Corporate Foundations.

Unit 5: CSR Program Implementation and Opportunities • Current Trends and Opportunities in implementation of CSR Programmes • Monitoring and Measuring the Impact of CSR Programs • Successful Initiatives & Challenges of CSR • Case Studies of Major CSR Initiatives in Local Area.

References: 1. Baxi. C. and Prasad. A (2013). Corporate Social Responsibility, Concept & Cases: The Indian Experience, Excel Books, New Delhi. 2. Modi. P. K (2009). Corporate Social Capital Liability, Arise Publishers & Distributors, Delhi. 3. Sanjay K Agarwal: Corporate Social Responsibility in India 4. Prasenjit M. (2010). Corporate Social Responsibility - Vol. – I & II, Sharda Publishing House, Jodhpur (India). 5. William B. (2009). Strategic Corporate Social Responsibility, stake holder's a global Environment, Sage Publication, Mumbai. 6. Mark S. Schwartz : Corporate Social Responsibility: An Ethical Approach 7. CII: Handbook on Corporate Social Responsibility in India 8. Open Source Online Materials & Videos: IGNOU, e-PG Pathasala, SWAYM, Khan Academy etc



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B.A HONOURS PSYCHOLOGY(MAJOR)
SEM- VIII SYLLABUS
COURSE: CORPORATE SOCIAL RESPONSIBILITY
SKILL ENHANCEMENT COURSE
MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions 5X4=20M

1. What is the concept of CSR
2. write about United Nations (UN) Global Compact 2011
3. How do the concepts of charity, and corporate citizenship differ from each other
4. Explain the UN Guiding Principles on Business and Human Rights and their relevance to CSR.
5. Why is the appointment of independent directors important in the CSR framework of a company
6. What types of activities are allowed under Schedule VII of the Companies Act for CSR?
7. What role does the public sector play in encouraging CSR activities in India
8. How do non-profit organizations and local self-governance bodies contribute to CSR implementation
9. What are the current trends and emerging opportunities in CSR program implementation
10. Discuss some successful CSR initiatives in India and the challenges faced during their execution.

Section-B

Answer the following Questions

5x10=50

11. Explain the relationship between CSR and corporate governance with reference to Carroll's Pyramid.?

Or

12. Discuss the evolution of CSR in India and highlight some major CSR initiatives taken by Indian companies?

13. What are the key principles of the United Nations Global Compact 2011, and how do they influence CSR practices?

Or

14. How can the Global Compact Self-Assessment Tools help corporations evaluate their CSR initiatives?

15. What are the key provisions of Section 135 of the Companies Act, 2013 regarding CSR??

Or

16. Describe the process of computing net profits and implementing CSR programs as per Indian law?

17. Who are the major stakeholders in CSR, and what are their respective roles?

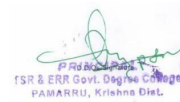
Or

18. What are the National Voluntary Guidelines on Social, Environmental, and Economic Responsibilities of Business, and how do they align with SDGs?

19. How can the impact of CSR programs be effectively monitored and measured?

Or

20. How do corporate foundations contribute to the effective implementation of CSR strategies?



KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY (MAJOR)

SEM- VIII SYLLABUS

COURSE: FIELDS OF COUNSELLING PSYCHOLOGY
SKILL ENHANCEMENT COURSE

Unit I- INDIVIDUAL AND FAMILY A. Premarital, Family and Couple Counselling; Family Planning; Role and Skills of a Counsellor in Judicial Setting; Protection of Women from Domestic Violence Act 2005. B. Family Court Act, 1984; Family Problem & Recovery, Sex and Sexuality; Sexual satisfaction; Suicide and Counselling- Definition, Causes, Assessment and Management.

Unit II- HEALTH CARE A. Counselling in Health Care Setting; Palliative & Hospice Care; Mental Health and Counselling-Definition, Scope & Types; True Human Encounter & Helping Relationship. B. Counselling for the Terminally Ill; HIV/AIDS/STD Counselling; Counselling for Caregiver- Types & Characteristics; Grief & Bereavement; Quality of End of Life Care.

Unit III- INDUSTRY A. Stress and Time Management- Concept, Causes, Management; Alcohol Abuse & Absenteeism; Role of Counsellor. B. De-addiction Counseling- Treatment & Strategies; Rehabilitation Counselling Definition, Areas & Special Fields; Functions of Rehabilitation Counsellor.

Unit IV- EDUCATION A. School Counselling- Elementary, High School & College; Methods of Counselling; Role of Teachers in Counselling B. Adolescence Counselling- Theories, Essential Skills & Strategies; Career


Counselling Theories, Concept & Principles; Process & Stages of Career Counselling.

Unit V- COUNSELLING IN SOCIALWELFARE SECTOR

A. Counselling for Children; Needs of Children in Children's Home & Juvenile Homes; Gender Specific Counselling- Concepts, Gender Identity, Women, Feminism & Feminist. B. Social Defense in India; Social Work & Counselling in Correctional Settings; Counselling in Disability Sector- Parent & Genetic Counselling.

FURTHER READINGS AND REFERENCES •

http://www.nimhans.kar.nic.in/epidemiology/doc/ep_ft12.pdf accessed on 8-03-2012 • 3. Grief Counselling and Grief Therapy J. William Worden Springer Publishing, 1991 <http://www.harpethhills.org/4tasksofgrieving> • B.G.Barki and B. Mukhopadhyay, (1991): Guidance and Counselling- A Manual, Sterling publishers Private Limited.


Principal
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KRISHNA UNIVERSITY
B.A HONOURS PSYCHOLOGY(MAJOR)

SEM- VIII SYLLABUS

COURSE: FIELDS OF COUNSELLING PSYCHOLOGY

SKILL ENHANCEMENT COURSE

MODEL QUESTION PAPER

Time: 3 Hrs

Max. Marks: 70

Section- A

Answer any Five of the following Questions

5X4=20M

1. Premarital counselling
2. Hospice care
3. Causes for suicides
4. Why is quality end-of-life care important?
5. Alcohol abuse
6. Importance of social work
7. Strategies of de-addiction counselling
8. Methods of counselling in High Schools
9. Concept of Gender identity counselling
10. Strategies of Adolescence counselling

Section-B

$$5 \times 10 = 50$$

Or

13. Discuss different types of counselling techniques used to improve mental health?

Or

15. Define stress and explain causes and coping strategies of stress?

Or


17. What is school counselling and explain the role of teachers in counselling?

Or

19. Explain the needs of children in children's homes and Juvenile homes?

Or

20. Mention the importance of counselling in Disability sector?


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